

COURSE DESCRIPTION

This course is designed to train the beginning Nursing Assistant to provide safe, effective and caring service to residents of a long-term care facility. Long-term care facilities are for persons who need 24-hour skilled care. This type of care is given to people who need a high level of care for ongoing conditions.

OBRA statutes, state regulations and OSHA guidelines are explained. Students will learn essential care skills, what to observe and report about common conditions and issues related to Residents' Rights. Focus is given on how to work in long term care and the requirements for exam certification.

COURSE OUTLINE

1. Understanding Healthcare Settings
2. The Nursing Assistant and the Care Team
3. Legal and Ethical Issues
4. Communication and Cultural Diversity
5. Preventing Infection
6. Safety and Body Mechanics
7. Emergency Care and Disaster Preparation
8. Human Needs and Human Development
9. The Healthy Human Body
10. Positioning, Transfers, and Ambulation
11. Admitting, Transferring, and Discharging
12. The Resident's Unit
13. Personal Care Skills
14. Basic Nursing Skills
15. Nutrition and Hydration
16. Urinary Elimination
17. Bowel Elimination
18. Common Chronic and Acute Conditions
19. Confusion, Dementia, Alzheimer's Disease
20. Mental Health and Mental Illness
21. Rehabilitation and Restorative Care
22. Special Care Skills
23. Dying, Death, and Hospice
24. Caring for Your Career and Yourself

Class Schedule

Classes are held at Central Community College –Grand Island , CIT Building, Room 907. All 76 class hours are mandatory.

The required State tests will be administered as part of the class. Tests will be arranged during the scheduled test dates following class.

Day Classes

*Monday thru Friday (8:30 am—4:30 pm)*

**August 22—September 7**

State Testing Dates: Sep 8—Sep 12

**September 18—October 3**

State Testing Dates: Oct 4—Oct 6

*Monday thru Friday (8:30 am—11:15 am)*

**October 19—December 8**

State Testing Dates: Dec 11—Dec 15

Night Class

*Tuesday and Thursday (6:00 pm—10:00 pm)*

**August 22—November 30**

State Testing Dates: Dec 5—Dec 14

**COST: \$395**

Payment in full is required at time of registration. The cost includes tuition, fees and textbook. Books will be distributed during the first class session. Students successfully completing the class and attending the required 76 hours will receive three semester credit hours and a document of attendance from Central Community College.

Tuition is in-state only and may be subject to change.

3134 W HIGHWAY 34  
 PO BOX 4903  
 GRAND ISLAND NE 68802

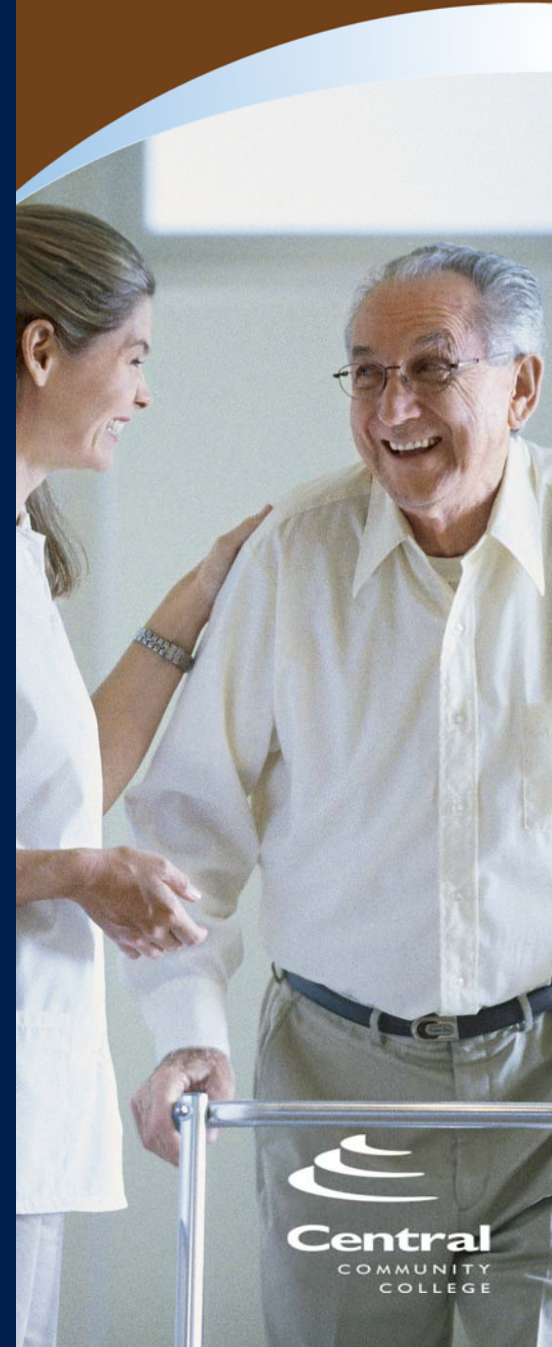


Health Services

# Nursing Assistant

Central Community College-Grand Island

Fall 2017



# Nursing Assistant (NA) Registration / Application

Name Last: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_

CCC ID:  OR Social Security #: --

\*\*\* Your Social Security number is required for placement on the State of Nebraska Certification Registry.

Date of Birth: -- Former/Maiden Last Name Use: \_\_\_\_\_

Home Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone # Home/Cell: \_\_\_\_\_ Email Address: \_\_\_\_\_

I understand that by signing this registration form, I am considered enrolled, and unless officially drop or withdraw from school, I am responsible for all tuition and related fees for my classes.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Check below for choice of class date.

Classes are held at Central Community College-Grand Island  
Term: 17/FA Course: HLTH 1200

- August 22—November 30 night (CG100)
- August 22—September 7 (CG101)
- September 18—October 3 (CG102)
- October 19—December 8 (CG103)

### Please complete:

Gender:  Male  Female Are you a single parent?  Yes  No

Do either of your parents have a bachelor's degree?  Yes  No

Are you a US citizen?  Yes  No If not, Visa Classification \_\_\_\_\_

Have you lived in the State of Nebraska for the last 6 months?  Yes  No

Year of high school graduation: \_\_\_\_\_ OR year GED earned: \_\_\_\_\_

Last high school attended: \_\_\_\_\_

All colleges attended: \_\_\_\_\_

**Ethnicity:**  Hispanic or Latino  Not Hispanic or Latino

**Race:**  American Indian/Alaskan Native  Asian  Black or African American  
 Native Hawaiian/ or Other Pacific Islander  White

Please check one of the following that best describes what you plan to complete while enrolled at CCC?

#### Occupational Program:

- Associate of Applied Science (AAS) Degree
- Associate Degree in Nursing (ADN)
- Diploma
- Certificate

#### Academic Transfer Programs:

- Associate of Arts (AA) Degree
- Associate of Science (AS) Degree
- Deciding

#### Course only:

- to transfer to another college
- for improving job/personal skills

**COST: \$395**  
textbook included

Paid by:  Check  Cash  Other

Mail check payment to:  
Student Accounts  
Central Community College  
PO Box 4903  
Grand Island NE 68802

## Payment/Cancellation Policy

Early registration is encouraged because classes fill quickly. Enrollment is limited and registrations will be honored in the order they are received. Payment must accompany registration at least one week prior to the class start date.

Classes may be cancelled due to insufficient enrollment. If a student registers for a class that is cancelled they will be notified and given the option of a refund of registration payment or registration transferred to another class session.

A student must cancel before the start of the second day of a day class for a refund. Semester long night classes must be cancelled by the student by the free add/drop date.

Class inquiries can be made by calling toll free to 877-222-0780 ext. 7442, direct at 308-398-7442 or email [knewhouse@cccneb.edu](mailto:knewhouse@cccneb.edu).

**Project HELP** is a CCC program designed to assist income eligible individuals achieve an education and career in healthcare. They've already helped more than 1600 people by providing gas cards, tuition assistance and waivers, job search assistance, and so much more!

Don't miss out on this great opportunity. Call 308-398-7950 to see if you qualify.

*Connecting People,  
Communities  
and  
Opportunities*

**Smoke Free Campus** To support a healthy environment for students, employees and others, Central Community College has implemented a college-wide smoke-free and tobacco-free policy.

Affirmative Action /Equal Opportunity Institution.

## Nursing Assistant (NA)

Classes are taught by qualified, approved instructors and utilize the HCA curriculum accepted



by the Nebraska Department of Health. Upon completion of the 76 hours, Central Community College will administer both the written and skills testing required to meet the OBRA guidelines.

**Students must be 16 or older to participate in class. It is recommended that students contact local facilities to verify hiring age requirements.**

Central Community College also offers training to become a Mediation Aide. For class offerings visit: [www.cccneb.edu](http://www.cccneb.edu)

## Re-competency Testing

Individuals previously listed on the Nebraska Nurse Aide or Medication Aide Registry who have lapsed or become inactive are eligible to reactivate their registration by successfully completing the clinical skills and written exams.

Central Community College-Grand Island is an approved provider of the Nebraska Department of Health and Human Services Nursing Assistant and Medication Aide written and skills re-competency exams.

Call 308-398-7442 for information on test dates and fees.